

health & wellness

Johnson Hall • 36 University Drive • Bethlehem, PA 18015 • inluhc@lehigh.edu

APPOINTMENT HOURS

Monday - Thursday: **8:15 - 4:30**
Friday: **9:15 - 4:30**

Check HWC's IG or website for any changes

Looking to schedule an appointment with HWC?

Please call 610-758-3870.

We are an appointment- based office.

LOCATION

NEW: All clinical appointments are located on the 2nd floor. Enter through the west-side doors of Johnson Hall.



OUR

Services

In addition to evaluating and treating illnesses and injuries, the Health & Wellness Center also offers other services to Lehigh students such as:

- Reproductive Health Services
- Immunizations
- Lab Services
- Physical Exams
- Specialist Referrals
- Sexual Health Services
- .. and more!

For more information and to view **all** services, check out our website:

lehigh.edu/health



NARCAN (naloxone HCl)
NASAL SPRAY



Provided by the
Bethlehem Health Bureau
Available at the
Health & Wellness Center

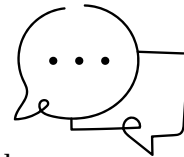
Contact Yen DeBellis ngn217@lehigh.edu
to complete a brief form (from BHB)
and schedule time to pick up

Lehigh's Absence Policy

The Health & Wellness Center does not distribute medical excuses in the case of students missing class due to illness or injury. It is important for all students to contact their instructor as soon as possible should you need to miss class for any reason, including illness or injury. It is recommended by the Office of Academic Life & Student Transitions that you notify your professor of your plans to be absent before class begins if possible.

Lehigh students may fill out a Report of Student Absence form through the Office of Academic Life & Student Transitions. Additional steps and more information can be found on our website.

NEW: Patient chat



Visit your Student Health Portal to chat with a HWC staff member:

- schedule, reschedule, or cancel an appointment
- ask general non-urgent questions
- immunization compliance questions
- fees and/or charges questions
- .. and more!

Student Resource Center & Pantry

Available items

snacks
menstrual products
condoms
first aid kits
hygiene products
covid antigen tests
& more

Hours

Monday - Friday
8:00AM - 4:00PM

Location

36 University Drive
Johnson Hall
3rd Floor Lobby

**COMING
SOON**

Garden to Pantry Initiative

more information to follow

UPCOMING HWC EVENTS

MARK YOUR CALENDAR

FREE STI TESTING TUESDAY

Screening provided is for Chlamydia & Gonorrhea. Please be advised that screening includes a urine sample. For other screenings, please contact the Health & Wellness Center.



Schedule an appointment on your Student Health Portal



SEPTEMBER 12
SEPTEMBER 26
***more dates to follow*

9:00 AM - 11:00 AM
1:00 PM - 4:00 PM

HEALTH & WELLNESS CENTER
2ND FLOOR WEST-SIDE DOOR ENTRANCE
(FACING SINGLETON, HITCH, AND MAIDA)



Health & Wellness Center x Health Advancement & Prevention Strategies
Presents

WELLNESS Wednesday

light food and refreshments will be available

Monthly conversation around different health-related topics

Series 1: "Taking Care of You"

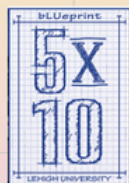
Topic: learn more about the HWC, what services & resources are available to you, and how to navigate your health needs

Date: Wednesday, September 13

Time: 12:00 - 1:00 PM

Location: Johnson Hall - 3rd Floor Lobby

Audience: All students welcomed; qualifies as 5x10 for First-Year students



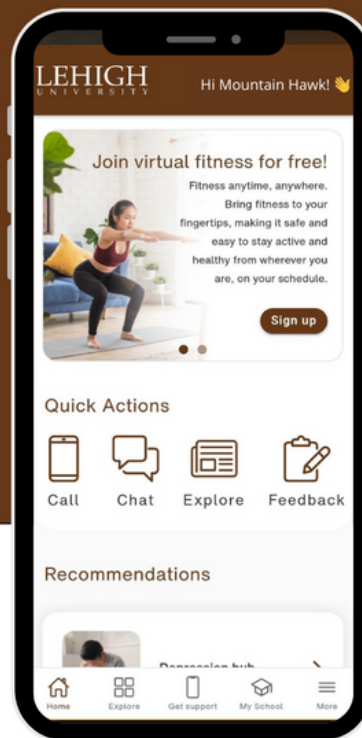
CAMPUS RESOURCE



LEHIGH
UNIVERSITY

Your success starts with great support

Attending college or university is an exciting life experience. It can also be a time of change, adjustment and stress. TELUS Health Student Support Program is here to help you succeed. Connect with us 24/7 for free, confidential mental health and wellbeing support.



Call. Chat. Anytime. Anywhere.
Download the app to connect today!

The Student Support app provides **free** access to a variety of wellbeing resources:

- Articles
- Assessments
- Podcasts
- Videos
- Virtual Fitness Sessions

Free, confidential support when you need it.

- 24/7 real-time phone and chat support
- Multilingual support available
- Match with a professional counselor
- On-going short-term phone and video counseling support by appointment

Student Support can help you anytime with adapting to new challenges, being successful at school, stress and worry of daily life, relationship concerns, sadness and loneliness, uncertainty and much more.



1.844.886.8536

*If calling from outside North America: 001.416.380.6578

FOR MORE INFORMATION, VISIT:
UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES (UCPS)
610-758-3880 | INCSO@LEHIGH.EDU